



# LEE GRAHAM DOLPHINS

SWIM TEAM  
ANNUAL AWARDS NIGHT  
JULY 21, 2024

EVENT PROGRAM

## 2024 DOLPHINS

### Mini Dolphins

Clara Buckman  
Amelia Cannon  
Evelyn Fisher-Oot  
Ryann Jones  
Clara Lauver  
Gabrielle Layman  
Annabel Mathers  
Nela Mullen  
Olivia Partington  
Bethany Ristuccia  
Lucie Yu  
Neal Beesam  
Barrett Buckman  
Sawyer Diefenderfer  
Max Fulmer  
Richards Jones  
Oskar Laub  
John Paterno

### 8&Under Girls

Violetta Aldana  
Victoria Allan  
Arden Allard  
Alexandra Breen  
Ruby Conole  
Natalie Frasure  
Sloane Gallagher  
Lauren Hefferan  
Lillian Kent  
Vivienne Krause  
Josephine Layman  
Susan McFadden  
Evelynn Mitchell  
Misha Mullen  
Cady Murff  
Eliza Musser  
Virginia Nels  
Emily Newton  
Naomi Nuland  
Margaret O'Neil  
Marian Palazzo  
Lidia Palazzo  
Evans Paterno  
Ashby Sills  
Marianna Tovar  
Carolena Zamperetti

### 8&Under Boys

Henry Badanes  
Leo Campbell  
Miles Crandall  
Gabriel Downs  
Wesley Klousia  
Sawyer Kuhns  
Alistair McFadyen  
Grant Robbins  
Wheeler Simoneau  
Patrick Swatt  
Deacon Tuss

### 9-10 Girls

Zoila Aldana  
Eliza Carpenter  
McKinley Cervenak  
Frances Corcoran  
Kira Crandall  
Norah deVore  
Juliette Dickerman  
Adeline Downs  
Noelle Fears  
Camila Frota-Rogers  
Nina Helvin  
Elizabeth Henneberg  
Julia Kent  
Adelaide Kuhns  
Lily Larson  
Hazel Lauver  
Ana Mandl  
Adriana Marr  
Carolina McFadyen  
Merritt Newton  
Sonia Nuland  
Lorelei Powell  
Maggie Scully  
Cahill Stevenson  
Olivia Swatt  
Taylor Swiercz  
Grace Swihart  
Natalie Upton  
Tasanee Verasin

### 9-10 Boys

Thomas Badanes  
Oliver Conole  
John Corcoran  
Jonathan Dixon  
Luka Dodd  
Ronan Gallagher  
Jacob Goodwin  
Truett Harmer  
Nolan Klein  
Fig Marr  
William McFadden  
Cormac McGeorge  
Jonathan Musser  
Remy Nicholson  
Paul Ristuccia  
Everett Roberson  
Timothy Verasin  
Luca Zamperetti

### 11-12 Girls

Avery Brown  
Theodora Conole  
Eliana Crowley  
Hannah Dho  
Willow Diefenderfer  
Lelia Dodd  
Vivian Fulmer  
Claire Gallagher  
Evie Harmer  
Madeline Layman  
Wren McCann  
Kathryn McFadden  
Audrey McGeorge  
Elena Mercado  
Abigail Mills  
Graham Nicholson  
Annabelle Novotny  
Claire O'Neil  
Amelia Redding  
Lila Scully  
Jheeni Shah  
Siena Zamperetti

### 11-12 Boys

Keaton Allard  
Miller Badanes  
William Bucher  
Noah Buckman  
James Culverhouse  
Chance Hegenbart  
Vincent Kidder  
Matthew Marr  
James Newton  
Beckett Powell  
James Secrist  
Reid Yeh

### 13-14 Girls

Madison Allard  
Sarah Banko  
Cora Brock  
Rosemary Ellis  
Hannah Harmer  
Juliana Hefferan  
Barrett Hyra  
Malin Klousia  
Megan Kovachy  
Zoe Mar  
Phoebe Wallinger

### 13-14 Boys

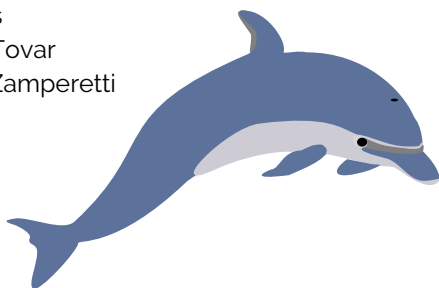
Andrew Bucher  
Thomas Corcoran  
William Davis  
Thomas deVore  
Wes Kidder  
Theodore Klousia  
Walker McCann  
Patrick Scully  
Miller Stevenson  
Griffin Wilson  
Finn Yeh

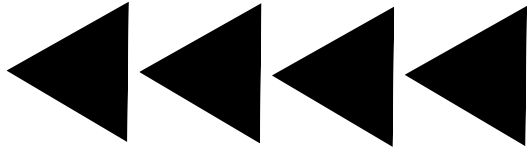
### 15-18 Girls

Avalon Allard  
Madison Cervenak  
Reagan Cervenak  
Sophia Cloutier  
Sarah deVore  
Gweneth Fry  
Hadley Harmer  
Megan Ice  
Rion Miller  
Alexa Wagner  
Ella Wallinger  
Josie Wallinger  
Isabella Wanchick  
Olivia Wanchick  
Genevieve Wilson

### 15-18 Boys

Charles Bucher  
Kellen Colevas  
Kevin Colevas  
James Crowley  
Connor Fleming  
Wills Fleming  
Matthew Janicki  
Hudson Mar  
Dylan Redding  
Ian Redding  
Ryan Southern  
Brody Wagner  
Simon Wing





**The Northern Virginia Swimming League** was founded in 1956 to sponsor competitive swimming and diving in and among the community swimming pools in that area of Northern Virginia contiguous to the District of Columbia, and to develop in the children participating in this program **a love for the sport, advanced aquatic skills, teamwork, and the principles of good sportsmanship.**

## Special Thanks

Mike Cook - Head Coach  
Helen Geddes - Coach  
Calvin Mar - Coach  
Edward Ice - Coach  
Madison Cervenak - Coach  
Alexa Wagner - Head Mini Dolphin Coach

### Mini Dolphin Coaches

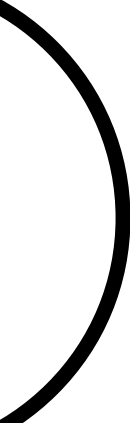
Brody Wagner, Isabella Wanchick, Avalon Allard, Genevive Wilson, Reagan Cervenak, Olivia Wanchick, Sarah deVore, Connor Flemming, Finn Yeh, Patrick Scully, Rion Miller, Hadley Harmer, Maddie Allard, Griffin Wilson, Phoebe Wallinger

Erin Yeh - A Meet Rep  
Bethany Scully - A Meet Rep  
Kristin Gallagher - B Meet Rep  
Jessica Culverhouse - B Meet Rep  
Bridget Janicki - Tables Chair  
Alice Mar - Data Coordinator  
David Redding - Officials Chair  
Erika Wanchick and Annalisa Aldana - Merchandise Chair  
Shannon Ice - Awards Chair  
Melissa Marr - Finance Chair  
Alina Eldred - Social Chair  
Katrina Wagner and Michelle Zamperetti - Webmaster  
Jason Cervenak - Head Timer  
Humphrey Mar - Photographer  
Peter deVore - Announcer

Timers, clerk of course, marshals, stroke & turn, table administration

Thank you to all of the parents who volunteer each and every week to make our team successful!

## SUMMER OF 2024- LETTER FROM COACH MIKE



Hello Dolphins! What a season it has been!! Challenging to say the least. Through all the highs and lows (and believe it or not there were many of both) and even when it seemed like time was standing still, the one thing I can say, is that it went too quickly. After all, the best part of every season is the time we get to spend with so many incredibly talented swimmers and outstanding young people. The most fitting way to recap our year is our July 4th practice where we held a triathlon and a biathlon for our 9 and overs. The most significant thing that came out of that practice was that everyone who attended completed the task at hand. Some swimmers were not even sure they would make it, whether it was the run, the kick set or the long swim set without stopping. Yes, the times were all over the board but the neat thing was that it didn't matter who you were everyone supported each other until the last person finished.

I could play the victim here and go through a laundry list of things of why this or that happened but I won't because as we have tried to get through to each of you, in athletics it is important to stay in the now because you have no control over the past or the future when it comes down to athletics and competition. The most important thing is that you came together, worked hard in practice, made some new friends, and reconnected with old swim buddies. Those are the things that matter the most. Along the way we had moments of individual brilliance and some exciting relay races and yes, even a few heartbreaking setbacks. It was a season driven by emotion and passion as well as dedication to self and team by a lot of you. It was a season filled with memories that you will carry with you long after the sun sets on the summer of 2024 and although there were losses along the way, nothing can take away from the process of this season. As we press on, nobody can predict what lies ahead but one thing is certain and it was summed up by Matthew Janicki on Senior Day, "The one who loves walking will go much further than the one who loves the destination." COACH MIKE



## LETTER TO THE SENIORS FROM COACH MIKE

Dear Younger Madison, Isabella, Matthew, Alexa, Sophia and all the younger swimmers,

You have reached the final chapter in your illustrious summer swimming career and while you sit back and reflect on all the memories, some bad, some good you may be asking yourself, "Was it worth it?" Look around and realize that it most certainly was. You have spent so many summers here at Lee Graham learning and growing - when you were little, only hoping that some day you could be a big kid and pass on all your wisdom and knowledge. You have spent so many winters with your club teams and then swimming for your high schools that most certainly it was all worth it. With each year you have created lifelong memories, you had triumphs and disappointments along the way and were faced with different obstacles along the way, but you have faced them all and learned from them. You look upon this last year and might even wonder where time has gone since it seems like just yesterday that mom or dad were writing events, heats and lanes on your arms. Maybe even wondering if this sport was for you, but of course it was. Teachers could always spot a swimmer on Monday mornings after a long swim meet weekend. You will never forget how nervous you used to get before a race, how you might stand there behind the blocks with great anticipation, excitement, and maybe a little fear. You might glance over to your parents and coaches and get that all important thumbs only to be thinking this thought, "It's easy for you. I'm the one putting it out there". You will never forget the burning feeling in your lungs and limbs at the end of a race. But it's that feeling, the adrenaline, that you couldn't get enough of. Swimming will show you that you have to work hard to achieve your goals. There will come a point in this sport where you will struggle. You will finish a race disappointed, exhausted and wanting to quit. But then that little voice in the back of your head reminds you that you love this sport and the process that you go through and what it feels like to achieve. It's hard. But so is LIFE. You will come to realize that your parents and your coaches will always believe in you, even if you have doubts. This sport has helped shape you. It has taught you so many life lessons and strengthened your character. It becomes a part of you but it doesn't define you as a person.

Remember that the trophies and ribbons are material, it's the relationships, the memories, and the strength that you now have, forever. Thank you for the loyalty and respect that you have shown not just me but all the coaches over the years. GO DO YOU, NOW! IT'S YOUR TIME!



## MINI DOLPHINS

### **"Little Hands, Little Feet, Lee Graham Minis Can't Be Beat!"**

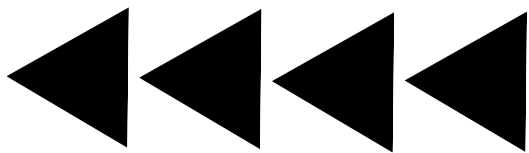
This season has flown by. The Mini Dolphins have been hard at work for the past 7 weeks and their determination has shown at every practice and meet. I have been honored to be the head Mini Dolphin coach this year and watch our swimmers and coaches grow. Mini Dolphins has always had a special place in my heart. As a former Mini Dolphin I fondly remember doing cheers at the end of practices, playing games with my coaches, and of course the lollipop meet. My Mini Dolphin self would be so proud of our coaches and swimmers for creating an environment where we can all come together around our love of swimming!

Like always, our Minis have been diligently working over the season. There have been many great accomplishments like shaving 3 seconds off a 25, swimming in our Divisional Relay Carnival, doing fully legal Breaststroke, making A meets, forming new friendships and many more! Each swimmer brings something special to our Mini Dolphin family and us coaches have loved to get to know the Minis. Each swimmer should be incredibly proud of themselves for their commitment to grow, ability to try new things, and persevere when it's uncomfortable.

From all the coaches and myself, we hope our Minis have had an amazing season and we hope to see you next year! Go Mini Dolphins!!

Alexa Wagner





The Lee Graham coaching staff take the annual award system very seriously. Although it would be easy to just award star swimmers on the team, we wanted to create an award program that would give every swimmer the opportunity to earn awards. We based the award system on many criteria, not just swimming talent. It is important for all our swimmers to leave tonight with something, but it is also important for each swimmer to have a feeling that the award was "earned," not a trophy he or she received for just joining the team.

It is with this in mind that all the coaches spent quite a few days pondering questions such as:

1. What parameters should we use to make the award selection?
2. Is the selection process fair and objective?
3. What swimmer has earned the award?
4. Can we justify and be proud of our selections?

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## **LG CHENILLE AWARD LETTER (and "gold" swimmer pin)**

This award is earned by our swimmers who have attended at least 50% of our team practices and who have swum three or more meets ("A" or "B" meets). Year pins are given to those swimmers who have already earned their letters.

Gold Star pin is awarded to any Dolphin who has scored 50 individual points for the team during the season.

Silver Star pin is awarded to any Dolphin who has scored 30-49 individual points for the team during the season.

Bronze Star pin is awarded to any Dolphin who has scored 10-29 individual points for the team during the season.

Go 4 It pin recognizes the swimmers who have swum all 4 strokes for the team at least once in a meet during the season and did not score 10 or more points.

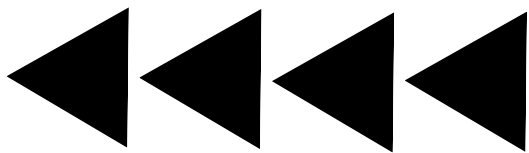
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## **"ROOKIE OF THE YEAR" AWARD**

This award is given to a first-year Dolphin who has exhibited a steady improvement throughout the season. This swimmer has made improvements not only in his/her swimming abilities, but also in his/her love for the sport and teammates. This swimmer has taken a journey from being a "rookie" to becoming a veteran Lee Graham Dolphin.

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# LG DOLPHIN SWIM TEAM AWARDS



## DROP IN TIME AWARD

This award is given to a boy and girl swimmer in 8&Under and 9-10 age groups who has the greatest percentage of overall time drop throughout the season.

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## COACHES AWARD

This award is given to one boy and one girl swimmer in each age group (8 & Under, 9-10, 11-12, 13-14, and 15-18). We looked at many different criteria when we considered each swimmer for this award. The first thing we looked at was the swimmer's work habits. We evaluated the swimmer's practice attendance, degree of effort put into the sets. The swimmer's attitude toward his/her teammates and coaches and sportsmanship shown at practice, at meets, and around the pool, which are all important factors in selecting the swimmer who receives this award.

We looked at how this swimmer was involved with the Dolphin family. This may have been something as simple as taking a teammate under his or her wing and giving a little extra guidance throughout the season. This swimmer does the job day in and day out, and puts the TEAM before his or her own needs.

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## "DOLPHIN OF THE YEAR" AWARD

This award is given to the Dolphin who has demonstrated all of the following traits:

TEAM LEADERSHIP  
HARD WORKER  
SPORTSMANSHIP  
TEAM SPIRIT  
WILLINGNESS TO HELP

This individual has set the example for the entire team, traits that we hope all Lee Graham Dolphins strive to exhibit.

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## SENIOR LETTERS

To my Lee Graham Family,

Over the years, this pool has become my second home, and you have become my family. I am so grateful for this place and people, as you have helped to shape me into the person I am today. The long hours spent in the sun and the splashing about with friends will always be fond memories I hope never to lose. Like Mike always said, "You won't remember the race or the best time; you'll remember the friends and the good times you had together." And he was right. For me, the races have blurred together, but the hot summer nights spent driving around in the dark, belting out song lyrics in between chalking, will be forever a favorite memory of mine. What places I got in an A meet now seem insignificant in the face of the sharks and minnows games that followed. Even my own personal bests pale in comparison to the team spirit and congratulations that followed a good race for anyone on the team. It is enough to make us all feel like we are a part of something greater than just ourselves; we are a part of this team, this loving family. And for that, I will be eternally grateful. The love and support this team has brought me over the years is a large part of why I am who I am today.

In particular, I want to thank Coach Mike. You have fostered my love of swimming since the beginning 12 years ago. With your seemingly endless patience for my incessant pestering and the sage advice that I am only sometimes wise enough to follow, you have been a positive figure in my life for longer than most. I want to thank my parents for supporting my swim career even when it involved 4 am practices and multi-day meets. I also want to thank all of the parents who make this team possible and who continue to foster our love of the sport. I want to thank all of the seniors who came before me, especially Elena Summers, who I thought walked on water and has been my role model for being the best teammate I can be. Finally, I want to thank my teammates who have seen me through the highs and lows of summer swim and been there for me regardless of how a race went.

To my Lee Graham Family, I leave you with one final piece of advice. Cherish these moments; they may be some of the best times of your life. Carefree fun in the sun with a family of swimmers at your side; it doesn't get much better than that.

With much love,  
Sophia Cloutier

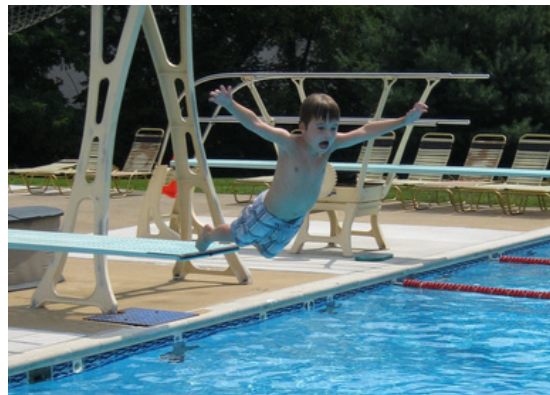


## SENIOR LETTERS

Dear LG friends,

Thanks for all the amazing fun in the pool and waiting in cars during thunderstorm delays. I'll always remember the fun lollipop meets, racing the mixed-age relay with Miller at his final LG meet, sitting on Justin's shoulders during cheers, and racing in cars to senior progressive dinner houses. Favorite fun Fridays were the greased watermelon--victory in 2024! Best dress up: Teletubbies. Racing with both my brothers and all my best friends at LG made the summers awesome fun. Wishing everyone the same good times!

Go dolphins!  
Matthew





## SENIOR LETTERS

I have been a part of the Lee Graham swim team for the past 10 years. I joined the team as a Mini Dolphin and grew to love swim. That Mini Dolphin would be blown away by what we have done. I have loved coaching our younger kids and planning skits that everyone enjoys. I can't imagine growing up not surrounded by my LG family and am so thankful for all the dolphins who have helped me get to where I am! One of my favorite parts of our team is everyone's willingness to help each other. Like Mike said at the senior meet, I struggled with my backstroke flip turn so much that I was called the DQ queen by my mom. Through the help of older swimmers like Elena Summers I was able to learn how to not DQ only every race I swam! I hope I have payed this forward and I hope we all continue to pay it forward.

This year has been extra special for me and I can't wait to see where life takes me! I would like to thank Mike for being a constant in my life for the past 10 years, Micah Marr for helping me create some of my favorite memories, my brother Brody for sharing this experience with me, and to all the younger kids for continuing to make this team a family.

Alexa Wagner



## SENIOR LETTERS

Lee Graham Dolphins,

I will never really understand what people who don't belong to a pool do all summer. Since I was 5 years old, my life has revolved around the pool in the summertime, whether that be swim or dive and now guarding and coaching.

Every year I would look forward to the pool opening because the community I found there was my second home. I joined the swim and dive teams when I was five. It's the only sport I can think of where boys and girls from ages four through eighteen compete together. I looked up to my older teammates as role models. At Lee Graham I was able to form connections and friendships with those outside of my age group. As we arrived at the pool for practice when I was younger, the older athletes were just finishing their practice. Instead of going home and going back to bed, they would stay to coach, teach lessons, get the pool ready to be opened or just hang out with us younger kids. I knew there would come a day when I would get to step up and take on this role, but I never knew how meaningful it would be.

No matter what was going on in my life I knew I could always find a place at the pool, whether that be on the swim or dive team. The bonds of being teammates developed into strong and lasting friendships. The team's connections last throughout the year and are not limited by the end of the season or the pool closing. The friendships I have made over the years on my swim and dive teams will continue to stick with me.

I want to take a moment to express my immense gratitude to Mike, who has been a constant source of support and inspiration throughout my journey. Mike, you taught me what it means to be a Lee Graham Dolphin. Your unwavering dedication, encouragement, and belief in me has made all the difference. You've been there for every high and low, always pushing me to reach my full potential. Your guidance has not only made me a better swimmer but also a better person. Thank you for everything you've done; I couldn't have asked for a better coach.

To my family, thank you for believing in me, for your endless sacrifices, and for always being there with a smile and a word of encouragement. Your love and support have made all of this possible, and I am forever grateful.

To the younger swimmers, I hope you cherish your time here as much as I have. These summers will fly by faster than you can imagine. Embrace the challenges, celebrate the victories, learn from the setbacks, and never forget the pure joy of being a Lee Graham Dolphin. This team is something truly special, and I'm so grateful to have been a part of it.

To those of you who are 13 & overs approaching your last few years at Lee Graham, cherish these final moments with the team. Embrace the friendships, the challenges, and the triumphs. This team has shaped us in ways we may not fully realize yet, and as you move forward, carry the spirit of Lee Graham with you. Enjoy every lap, every race, and every cheer, for these memories will stay with you forever.

Thanks for everything,  
Madison Cervenak





## SENIOR LETTERS

I have been a member of Lee Graham for 8 years but have only really been a dolphin for 6. And while that might not seem like a long time compared to my fellow seniors, these 6 years have granted me a lifetime of memories. From after-practice Safeway runs (which we started), to Megan and I missing our Fly heat, lock-in shenanigans, and absolutely dominating in water basketball, these 6 years were packed with cherished times that I will miss. I will especially miss team cheers. But while these memories are important, at the core of them is the people who made them happen. It is the people that make them so special. And it is the people that made my 6 years so amazing. So Wills and Ian, thanks for always bringing the energy and for turning boring times into belly laughs. Madison, thank you for always being a voice of reason and someone I can talk to. Dylan, thank you for being someone who will listen to all the nonsense I have to say. You are such a great friend. Hudson, thanks for always looking out for me. Wallingers, I love y'all so much. I will miss you guys incredibly and thank you for making car rides a blast. Megan, girl you make Lee Graham what it is. These 6 years would not be half of what they were without you. Thanks for being my best friend and for everything that comes with that. Mike, thank you for getting me through tough times when I didn't want to swim anymore and for pushing me through tough practices. You were one of the best coaches I ever had. And thanks Edward for being a GOATED manager.

Though I am leaving, the spirit of Lee Graham will never leave me. The people and memories will never leave me. LG has taught me to always be there for other people and to not give up when the going gets hard, something I will take with me even into the army. This is truly a special team, unlike any other, and I am honored to have been a part of it.

Thank you Lee Graham.

Peace out,

Isabella Wanchick





# DIVISION 4

## JUNE 15TH

Vienna Woods at LG  
VW 210-LG 210



## JUNE 22ND

Hiddenbrook at LG  
HB 213- LG 207



## JUNE 29TH

LG at Little Hunting Park  
LHP 250 - LG 170



# DIVISION 4

## JULY 6TH

Orange Hunt at LG  
Orange Hunt 233 - LG 187



## JULY 13TH

LG at Vienna Aquatic  
Vienna Aquatic 239 - LG 181



## RELAY CARNIVAL

**JUNE 26 AT  
LEE GRAHAM**

1. Hiddenbrook
2. Vienna Aquatic
3. Vienna Woods
4. Lee Graham
5. Orange Hunt
6. Little Hunting Park

## 2024 DIVISION 4 STANDINGS

Little Hunting Park	5W 0L
Vienna Woods	3W 1L 1T
Orange Hunt.	3W 2L
Hiddenbrook	2W 3L
Vienna Aquatic.	1W 4L
Lee Graham	0W 4 L 1T



## BOYS 15-18

### MEDLEY

### FREESTYLE

MATTHEW JANICKI  
HUDSON MAR  
DYLAN REDDING  
RYAN SOUTHERN

## GIRLS 8&U

### MEDLEY

### FREESTYLE

ARDEN ALLARD  
SLOANE GALLAGHER  
MISHA MULLEN  
MAGGIE O'NEIL

## GIRLS 9-10

### MEDLEY

### FREESTYLE

MCKINLEY CERVENAK  
MAGGIE SCULLY  
CAHILL STEVENSON  
TASANEE VERASIN

## GIRLS 11-12

### MEDLEY

### FREESTYLE

THEODORA CONOLE  
ELIANA CROWLEY  
LILA SCULLY  
SIENA ZAMPERETTI

each, while Paul Thiede contributed two hits. Max Caddy, Franco Perez, Theo Jones, and Lucas Berthiaume added key hits to secure the win. On

game. The third game turned into a thrilling pitchers' duel, with a scoreless deadlock until extra innings.

Izawa, Jones, Thiede, O'Brien, and Schiffer, FC Blue faced tough opposition that ultimately decided the outcomes.

upcoming tournament play, set to begin this week. Their schedule includes matchups against McLean

action for local fans. For more information on game locations and details, visit [www.fckil.org](http://www.fckil.org).

### Relay Teams From Lee Graham To Swim at NVSL All-Star Relays July 10th



**8 & UNDER GIRLS MEDLEY & FREE RELAY**  
MISHA MULLEN, MAGGIE O'NEIL,  
ARDEN ALLARD, SLOANE GALLAGHER



**9-10 GIRLS MEDLEY & FREE RELAY**  
MAGGIE SCULLY, CAHILL STEVENSON,  
TASANEE VERASIN, MCKINLEY CERVENAK



**11-12 GIRLS MEDLEY & FREE RELAY**  
SIENA ZAMPERETTI, LILA SCULLY,  
THEA CONOLE, ELIANA CROWLEY



**15-18 BOYS MEDLEY & FREE RELAY**  
RYAN SOUTHERN, HUDSON MAR,  
DYLAN REDDING, MATTHEW JANICKI

VOTE FOR US



**40**  
**YEARS**

## **Congrats Coach Mike!**

**Lee Graham has been lucky to have Mike as a coach since 1984!**



# LEE GRAHAM TEAM METER RECORDS - AS OF 7/20/2024

## 8 & UNDER

J. Miller Surette	16.48	2006	25 Free	Natalie Leake	16.07	2001
J. Miller Surette	19.36	2006	25 Back	Natalie Leake	18.87	2001
Kyle Nette	21.58	1998	25 Breast	Jamie Carbonara	21.18	1986
William Jackson	18.58	2010	25 Fly	Natalie Leake	17.93	2001
William Jackson, Michael Lusick, Ian Fry, Joshua Temeles	1:14.38	2010	100 Free Relay	Elena Summers, Carly Roberson, Catie DeFlumeri, Maddie Cherry	1:15.78	2007
Ian Fry, Joshua Temeles, Michael Lusick, William Jackson	1:22.33	2010	100 Modified Medley Relay	Stephanie Sutton, Allison Aamot, Jennifer Williams, Stefanie Williams	1:25.85	1987
Jonathan Buchholz, Edward Ice, Eddie Hughes, Matthew Bruno	1:29.31	2013	100 Medley Relay	Josie Wallinger, Ella Wallinger, Gwen Fry, Emma Flanagan	1:32.96	2017

## 9 - 10

William Jackson	31.63	2012	50 Free	Maggie Macedonia	31.08	2000
William Jackson	35.70	2012	50 Back	Maggie Macedonia	34.71	2000
J. Miller Surette	41.14	2008	50 Breast	Natalie Leake	38.19	2003
Matthew Janicki	16.49	2017	25 Fly	Sophia Cloutier	14.96	2016
J. Miller Surette	1:18.43	2008	100 IM	Maggie Macedonia	1:16.31	2000
Will Jackson, Michael Lusick, Josh Temeles, Adam Janicki	1:03.39	2012	100 Free Relay	Anna Macedonia, Maggie Macedonia, Kristina Massie, Madeline Stiles	1:01.16	2000
Ian Fry, Michael Lusick, Adam Janicki, Will Jackson	1:12.39	2012	100 Medley Relay	Sarah Levine, Anna Macedonia, Maggie Macedonia, Kristina Massie	1:08.31	2000

## 11 - 12

Freddy Crawford	27.86	2005	50 Free	Maggie Macedonia	28.39	2002
Freddy Crawford	30.94	2005	50 Back	Maggie Macedonia	32.15	2002
J. Miller Surette	36.60	2010	50 Breast	Maggie Macedonia	36.62	2002
Calvin Mar	30.91	2016	50 Fly	Sophia Cloutier	30.79	2017
J. Miller Surette	1:11.25	2010	100 IM	Maggie Macedonia	1:09.29	2002
Michael Southern, Lucas Cherry, Ben Southern, Nick Roberson	56.39	2008	100 Free Relay	Maggie Macedonia, Sarah Levine, Kristina Massie, Anna Macedonia	57.17	2002
Adam Janicki, Michael Lusick, Will Jackson, Cale Reinfurt	1:03.79	2014	100 Medley Relay	Anna Macedonia, Kristina Massie, Sarah Levine, Maggie Macedonia	1:03.13	2002

## 13 - 14

Freddy Crawford	25.94	2007	50 Free	Logan Haddock	27.9	2010
Lucas Cherry	28.63	2010	50 Back	Logan Haddock	31.25	2010
Finn Yeh	32.39	2024	50 Breast	Natalie Leake	35.04	2007
Ryan Southern	27.62	2022	50 Fly	Sophia Cloutier	30.15	2019
J. Miller Surette	1:03.38	2012	100 IM	Maggie Macedonia	1:09.31	2004
Lucas Cherry, Nick Roberson, Michael Southern, Ben Southern	1:47.26	2010	200 Free Relay	Maggie Macedonia, Anna Macedonia, Sarah Levine, Kristina Massie	1:56.35	2004
Lucas Cherry, Ben Southern, Michael Southern, Nick Roberson	55.59	2010	100 Medley Relay	Anna Macedonia, Sarah Levine, Kristina Massie, Maggie Macedonia	1:00.85	2004
Lucas Cherry, Nick Roberson, Michael Southern, Ben Southern	2:00.70	2010	200 Medley Relay	Maggie Macedonia, Anna Macedonia, Sarah Levine, Kristina Massie	2:09.74	2004

## 15 - 18

Justin Britton	23.83	2017	50 Free	Sophia Cloutier	27.48	2022
Adam Janicki	26.33	2019	50 Back	Anna Macedonia	31.16	2008
Adam Janicki	31.33	2019	50 Breast	Natalie Leake	33.72	2010
Adam Janicki	25.54	2019	50 Fly	Sophia Cloutier	29.20	2022
J. Miller Surette	1:00.10	2014	100 IM	Maggie Macedonia	1:07.24	2006
Lucas Cherry, Jared Britton, Nick Roberson, J. Miller Surette	1:39.98	2014	200 Free Relay	Natalie Leake, Anna Macedonia, Maggie Macedonia, Susha Stone	1:53.91	2008
Lucas Cherry, J. Miller Surette, Jared Britton, Ben Southern	1:49.93	2013	200 Medley Relay	Anna Macedonia, Maggie Macedonia, Natalie, Leake, Susha Stone	2:03.97	2008

## MIXED AGE

Freddy Crawford, Sam Butler, J. Miller Surette, Michael Southern	1:53.10	2008	200 Free Relay	Mia Cleary, Elena Summers, Logan Haddock, Natalie Leake	2:00.11	2010
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*Congrats*

**NEW RECORD!**

**FINN YEH**

**13-14 ★ 50 BREAST**

**32.39**





